

Hope Lutheran Church
Health policy
09/20/23

- Employees and volunteers who exhibit **one or more** of these symptoms:
 - fever of 100.4 or higher or chills
 - cough
 - shortness of breath or difficulty breathing
 - sore throat
 - muscle or body aches
 - headache
 - loss of taste or smell
 - congestion or runny nose
 - nausea, vomiting, or diarrhea

not attributed to an existing condition are directed to stay out of the building for **24 hours** from the time symptoms were last experienced **AND** have been without a fever for at least 24 hours without the use of fever-reducing medicines **AND** other symptoms have improved.

- A COVID positive person can return to the building **5 days** from the time symptoms were first experienced **AND** have been without a fever for at least 24 hours without the use of fever-reducing medicines **AND** other symptoms have improved. A negative test or doctor's note is not required. If you were very sick and/or have a weakened immunity system, you should isolate for at least **10 days**.
- Employees must use personal sick time for absences. There is no longer federal, or state pay for Covid-19 leave time.

Hope Children's Center may have different policies as they are regulated as a school.